



## Adult Day & Respite Care Resource List

Phone: 425-513-1900  
Toll Free: 1-800-422-2024

**Adult Day Programs/ Overnight Respite Care (space permitting):**

Some retirement/assisted living communities offer respite day care and/or overnight respite care if space permits. Level of care and duration of stay requirements vary. Please contact each provider for details.

**Additional Respite Options:**

**Residential Settings:** Some Adult Family Homes may provide overnight respite care, space permitting

**Private Pay Home Care:** In-home care agencies can offer companionship, supervision, help with chores and personal care, and other related services.

Contact Homage Senior Services at 425 513-1900, or toll free, 800-422-2024, or visit [www.homage.org](http://www.homage.org) for additional Home Care agency resource information.

Agency Name \ Service	Address	Phone Number	Description
<b>Aegis Living of Lynnwood</b> Adult Day Program  www.aegisliving.com	18700 44th Avenue W Lynnwood, WA 98037	Main: 425-712-9999	Offers adult day care. Provides individualized care, meals, recreational, and social activities. Participants can attend daily or intermittently. For Assisted Living and Memory Care
<b>Aegis Living of Lynnwood</b> Respite Program - Overnight  www.aegisliving.com	18700 44th Avenue W Lynnwood, WA 98037	Main: 425-712-9999	Offers overnight respite care. Must arrange for care ahead of time. Minimum stays vary, call for current requirements.

Agency Name \ Service	Address	Phone Number	Description
<b>Brookdale Stanwood</b> Respite Care  www.brookdale.com	7212 265th Street NW Stanwood, WA 98292	Main: 360-629-3445	This assisted living facility and Memory Care offers overnight respite care when space is available. Care is also available for persons with heavy care needs and for those with memory impairment. Minimum stays vary, call for current requirements.
<b>Brookdale Alderwood</b> Respite Care  www.brookdale.com	18706 36th Avenue W Lynnwood, WA 98037	Main: 425-774-3300	This assisted living facility offers respite care for individuals with memory impairment, dementia, and Alzheimer's disease. Offers overnight respite care. Minimum stay is 2 weeks.
<b>Brookdale Arbor Place</b> Respite Care  www.brookdale.com	12806 Bothell-Everett Hwy Everett, WA 98208	Main: 425-338-3227	This assisted living facility offers respite care and short-term post-surgery recovery stay on a case-by-case basis. RN on duty 16-hours per day. Minimum stays vary. Call for current requirements.
<b>Brookdale Everett</b> Respite Care  www.brookdale.com	11333 3rd Place W Everett, WA 98204	Main: 425-347-0372	Assisted living community offers overnight respite care. Nursing assessment is required. Program offers services designed to meet the individualized needs and wants of the residents. Call for current minimum\maximum requirements.
<b>Brookdale Mill Creek</b> Respite Care  www.brookdale.com	14905 Bothell-Everett Hwy. Mill Creek, WA 98012	Main: 425-338-1580	Assisted living facility offers respite care when space is available.

Agency Name \ Service	Address	Phone Number	Description
<b>Chateau at Bothell Landing</b> Respite Care  <a href="http://www.chateau-bothell-landing.com">www.chateau-bothell-landing.com</a>	17543 102nd Avenue NE Bothell, WA 98011	Main: 425-485-1155	Provides short term care option for caregivers or individuals recently discharged from hospital or rehab but not ready to resume independent living. Care plan, meals, housekeeping and transportation to medical care provided.
<b>Chateau Pacific</b> Respite Program  <a href="http://www.chateau-pacific.com">www.chateau-pacific.com</a>	3333 148th Street SW Lynnwood, WA 98037	Main: 425-341-4133	This assisted living facility offers respite care. Must arrange for care ahead of time. A nursing assessment is required. Two-week minimum stay. Call for current requirements.
<b>Full Life Care</b> Get Active Program  <a href="http://www.fulllifecare.org/we-can-help/by-service/adult-day-health-care/#section4">www.fulllifecare.org/we-can-help/by-service/adult-day-health-care/#section4</a>	2931 Rucker Avenue Everett, WA 98201	Main: 425-355-1313	Designed for developmentally disabled adults, offers a restorative program, Activities of Daily Living (ADL) training, psycho-social skills building, and other social and recreational activities. Lunch is provided. Assistance available with arranging transportation through local transit providers.
<b>Full Life Care</b> Heads Up  <a href="http://www.fulllifecare.org/we-can-help/by-service/adult-day-health-care/#section3">www.fulllifecare.org/we-can-help/by-service/adult-day-health-care/#section3</a>	2931 Rucker Avenue Everett, WA 98201	Main: 425-355-1313	Heads Up is a program for adults 18-59 with acquired brain injuries. The program strives to foster independence, responsibility, and integration into community life. Program hours: Tuesday and Thursday, 8:30 AM - 12:45 PM. Lunch is provided. Assistance available with arranging transportation through local transit providers.

Agency Name \ Service	Address	Phone Number	Description
<b>Full Life Care</b> Adult Day Health Care Program  <a href="http://www.fulllifecare.org/we-can-help/by-service/adult-day-health-care/">www.fulllifecare.org/we-can-help/by-service/adult-day-health-care/</a>	2931 Rucker Avenue Everett, WA 98201	Main: 425-355-1313	Weekday therapeutic program for physically or cognitively impaired elders or disabled adults designed to maintain or improve physical, social, and cognitive functioning. Lunch provided. Assistance available with arranging transportation through local transit providers.
<b>Rosewood Courte Memory Care</b> Respite Care Program  <a href="http://www.northwestcare.com/community/rosewood-courte-memory-care">www.northwestcare.com/community/rosewood-courte-memory-care</a>	728 Edmonds Way Edmonds, WA 98020	Main: 425-673-2875	The secured facility provides overnight respite care for those who have memory impairments. One time, on-going planned respite, or vacation relief is available. The program offers 1-30 day respite stay. Licensed nursing, 7 days/week, 24 hours per day.
<b>Rosewood Courte Memory Care</b> Adult Day Program  <a href="http://www.northwestcare.com/community/rosewood-courte-memory-care">www.northwestcare.com/community/rosewood-courte-memory-care</a>	728 Edmonds Way Edmonds, WA 98020	Main: 425-673-2875	Alzheimer's/Dementia facility provides an adult day program in a secure building. Offers individualized care, recreational and social activities, plus meals. Services are available 7-days per week, one to sixteen hours per day. Individuals are welcome to participate daily or intermittently.
<b>Sunrise of Bothell</b> Adult Day Program  <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a>	10605 NE 185th Street Bothell, WA 98011	Main: 425-748-9269	Offers adult day care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. There is a 4 hour minimum.

Agency Name \ Service	Address	Phone Number	Description
<b>Sunrise of Bothell</b> Respite Program  <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a>	10605 NE 185th Street Bothell, WA 98011	Main: 425-748-9269	Offers overnight respite care. Must arrange for care ahead of time. Minimum stays vary, call for current requirements.
<b>Sunrise of Lynnwood</b> Respite Program  <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a>	21500 72nd Avenue W Edmonds, WA 98026	Main: 425-776-3600	Offers overnight respite care. Minimum stays vary, call for current information.
<b>Grandview Village</b> Respite Care  <a href="http://www.villageconcepts.com/grandview-village/">www.villageconcepts.com/grandview-village/</a>	5800 64th Street NE Maryville, WA 98270	Main: 360-653-2223	Assisted living facility offers overnight respite care when space is available. Minimum one month stay.