Communities of Color Coalition

Communities
Sustainable - Provide equitable change

Color Coalition
Resilient - Present a pathway to eradicate racism

Millennia Ministries
Meeting needs. Transforming lives.

WRAP AROUND SERVICES

- Faith-based
- GLOBAL SOCIAL SERVICES
  - Food Pantry & Food Outreach to seniors and families in transition
  - Clothing Bank for adults & children
  - Housing Advocacy & Referrals
  - Lifestyle Coaching
  - Education Support for children & adults; Tutoring & ESL
- Serving communities in Snohomish County and Cote D’Ivoire, Africa

HOURS
10 am - 4 pm Monday - Friday
Only by appointment.

Call (425) 259-3555
millenniaministries.org

“Advocates for the civil rights of all persons in Snohomish County”

Civil rights advocacy
Legal Clinics
Community Intervention
Community support and education
Financial literacy
Small business support
Youth development
Direct services
Senior Engagement

Join us on the internet:
"NAACP Snohomish County"

Facebook - Instagram - Twitter - LinkedIn

Write to us at:
P.O. Box 5676
Everett, WA, 98206

WE ADVOCATE, COORDINATE AND COLLABORATE WITH EVERETT BUSINESSES, NEIGHBORING CHURCHES, LOCAL LAW ENFORCEMENT, AND CITY & COUNTY MUNICIPAL AGENCIES FOR THE BETTERMENT OF OUR FRIENDS AND NEIGHBORS IN NEED.
Nutrition Services
Meals on Wheels and Senior Dining ........................................... 425-347-1229
If long distance, call toll free ..................................................... 800-824-2183

Social Services
Aging and Disability Resources .............................................. 425-513-1900
If long distance, call toll free ..................................................... 800-422-2024
Family Caregiver Support Program ........................................ 425-513-1900
Foster Grandparent Program .................................................... 425-740-3803
Multicultural Services ............................................................... 425-290-1268
Relatives as Parents ................................................................. 425-513-1900
Senior Companion Program .................................................... 425-879-7050

Health and Wellness Services
Care Coordination ................................................................. 425-265-2289
Center for Healthy Living ....................................................... 425-290-1268
Depression Screening .............................................................. 425-290-1260
Health Home ........................................................................ 425-265-2289
Older Adult Mental Health Access ......................................... 425-290-1260
Senior Peer Counseling .......................................................... 425-290-1260

Publications
Homage Newspaper and Resource Guide Info ....................... 425-290-1277

Medicare Services
TakeCare Medicare ................................................................. 866-937-6565

Home Repair Services
Home Repair ........................................................................... 425-265-2222

Transportation Services
TAP (Transportation Assistance Program) .............................. 425-423-8517
PayYour Pal Transportation ...................................................... 425-423-8517

Philanthropy
Volunteer Program ................................................................. 425-740-3787
Charitable Giving ................................................................ 425-265-2294

Homage Resource Guide  Volume 35
5026 196th St SW  •  Lynnwood, WA 98036
425-355-1112  •  info@homage.org  •  www.homage.org

The intent of this Resource Guide is to provide information about public and private non-profit organizations, government agencies and businesses that provide a service to older adults and people with disabilities. Every effort is made to ensure the information is correct, however, this is an annual publication and phone numbers, addresses, websites, etc. can change.

Omission of an organization is not intentional and does not, in any way, negate the value of its contribution to the community. The inclusion of a listing or an advertisement from either an organization or a private business does not, in any way, imply endorsement. No reproduction without written permission.

OUR MISSION:
To promote independence, preserve dignity and enhance the quality of life through the provision of services for older adults and people with disabilities.

Homage is the largest and most comprehensive service provider for older adults and people with disabilities in Snohomish County.
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Everett Bone and Joint continues to offer in person and telehealth appointments to the Everett community. If you have an injury or other orthopedic need, we are here to help you on your journey back to optimal health.
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**Get care on your schedule, no appointment needed!**

**Edmonds Walk-in Clinic**

23320 HWY 99, EDMONDS, WA 98026

(Right next to CHC's Edmonds Clinic)

**Monday-Friday 8:00 AM - 7:00 PM  
Saturday & Sunday 9:00 AM - 6:00 PM**

CHC Medical Walk-In clinics can provide treatment for non-urgent medical issues such as:

- Allergies
- Asthma
- Flu/Cold
- Infections
- Minor cuts/Lacerations
- Substance Use Disorder
- Medication-Assisted Treatment
- Physical Therapy
- Sports injuries
- X-ray

**Locations**

- Arlington
- Edmonds
- Everett-Central
- Everett-College
- Everett-North
- Lynnwood

**425-789-3789**

Call for an appointment today! | www.CHCsno.org
GENERAL INFORMATION

Aging and Disability Resources
Information & Assistance
425-513-1900; 800-422-2024
5026 196th Street, Lynnwood WA 98036
Homage
www.homage.org
Just a call or email away, the Aging and Disability Resource team helps elders, adults with disabilities, their family and other helpers to locate relevant resources, information and services. Bilingual staff are available to assist Chinese, Filipino, Hispanic/Latino, Korean, Russian/Ukrainian and Vietnamese elders. Assistance with other languages is available through professional interpreters.
For information about programs and services for elders and adults with disabilities outside of Snohomish County, contact:

Community Living Connections (King County)
206-962-8467; 844-348-5464
www.communitylivingconnections.org

Senior Information and Assistance (Island County)
360-321-1600 (S. Whidbey); 360-675-0311 (Oak Harbor);
360-387-6201 (Camano Island)
www.senior-resources.org

Department of Social and Health Services – DSHS
Community Service Offices (CSO) – 877-501-2233
TTY number for hearing/speech impaired – 7 1 1
www.dshs.wa.gov; click on Find a Local Service Office
Mailing address for all CSO offices:
P.O. Box 11699, Tacoma 98411-6699
Determines eligibility and authorizes programs such as Basic Food Program, medical assistance
(AppleHealth, Medicare Savings Programs), Aged, Blind and Disabled financial (ABD), and other programs.

Everett – 840 N. Broadway, Suite 200, Everett 98201
Alderwood – 20311 52nd Ave. W., Suite 100, Lynnwood 98036
Smokey Point – 3704 172nd St. N.E., Arlington 98223
Skykomish Valley – 19705 State Route 2, Monroe 98272
North King County – 9600 College Way N., Seattle 98103

Department of Social and Health Services – DSHS
Home & Community Service Offices (HCS)
www.dshs.wa.gov/altsa; click on Find Local Services
Determines eligibility for state-funded long-term care services including in-home care (COPES/Medicaid), and residential care (adult family homes/skilled nursing and assisted living facilities).
TTY number for hearing/speech impaired – 7 1 1
Everett and Sky Valley – 425-339-4010; 800-780-7094
840 N Broadway, Suite 330, Everett 98201-1262
A new home you’re sure to love!

Independent & Assisted Living

Assessments & Admissions
7 days-a-week!

Medication Management & Pharmacy Services

Schedule a Tour Today!

We are proud to be a part of the Radiant Senior Living family of care communities. Learn more at: www.radiantseniorliving.com
**GENERAL INFORMATION (CONTINUED)**

Alderwood – 425-673-3339; 800-780-7089
20311 52nd Ave. W, Suite 302, Lynnwood 98036

**Department of Social and Health Services – DSHS Home & Community Service Offices (HCS)**
Smokey Point – 360-651-6800; 800-827-2984
3906 172nd St. NE, Suite 101, Arlington 98223

King County – 206-341-7600; 800-346-9257
1737 Airport Way S, Suite 130, Seattle 98134
Mailing address: P.O. Box 24847, Seattle 98124

**Eldercare Locator Service - 800-677-1116**
wwww.eldercare.acl.gov
Connect older adults and their caregivers with information about services available nationwide.

**Homage Newspaper**
425-290-1277
5026 196th Street, Lynnwood WA 98036
Homage Senior Services
wwww.homage.org
Monthly newspaper inserted into the Everett Herald that includes special interest stories, opportunities and resources for seniors, caregivers and people with disabilities.

**NW Regional Council** (Skagit County)
800-585-6749 Western Washington Only
360-676-6749
www.nwrcwa.org

**Smart 911**
www.smart911.com
Free service allows people to create a safety profile that includes information of importance to 911 responders in the event of an emergency. Check for availability in your city/town.

**Snohomish County Case Management**
425-513-1900; 800-422-2024 (for eligibility screening)
3000 Rockefeller Ave., M/S 305, Everett 98201
www.snoco.org; search Case-Management
Provides case management services to Snohomish County residents 18+ who meet the guidelines for Medicaid in-home care services through the State.

**Snohomish County Long Term Care and Aging**
425-388-7393
3000 Rockefeller Ave., M/S 305, Everett 98201
https://snohomishcountywa.gov search Long-Term Care & Aging Plans, advocates, coordinates and funds services to meet the needs of seniors, family caregivers and disabled adults in Snohomish County. Serves as Area Agency on Aging for Snohomish County.

---

**American Cremation & Casket Alliance**

Cremation – Memorials – Funerals

Cremations starting at $895 and Burials starting at $999

360-651-9233
8808 271st St. NW, Stanwood
Phones answered by staff 24-hours a day

wwww.americancremation.com

Secured Trust - Advanced Planning Services

**Foster Grandparents Needed!**

Are you 55 or over? Do you have a smart phone, computer or tablet and want to mentor a child online?

**Be an online Foster Grandparent Mentor (55+) volunteering in King and Snohomish Counties.**

Provide extra attention and encouragement to children at online schools. Eligible volunteers receive a small hourly stipend. Qualified volunteers are those who make $2,127/month or less (single) or $2,873/month or less (2-person household).

*Devices for online access may be provided to volunteers.*

Make a difference in your life and in a child’s life!

Call for info: 425-514-3188
fostergrandparentprogram@homage.org • www.homage.org
For over 100 years, the Josephine Caring Community has been a respected & award-winning regional partner in caring for all generations & nurturing fullness of life.

**Josephine Caring Community Difference**

For over 100 years, the **Josephine Caring Community** has been a respected & award-winning regional partner in caring for all generations & nurturing fullness of life.

**Live your life.**

**Personal care solutions for independence and wellness at home**

- In Home Licensed Nursing Care
- Post-Hospitalization Recovery
- Companionship & Lifestyle Assistance Service

**Your pathway home.**

**Comprehensive care with the trusted team at the Josephine Caring Community**

- Post-Hospital / Surgical Care
- Physical, Occupational, Speech and Swallowing Therapy
- Regain Life Skills and Independence

**Inspired for life.**

**Active Living in the Heart of your Community**

- Independent and Assisted Living
- Private Studio, One and Two Bedroom Apartment Homes
- Shared Meals, Outings and Intergenerational Activities

**Apartments Available.**

**The Josephine Caring Community Difference**

For over 100 years, the **Josephine Caring Community** has been a respected & award-winning regional partner in caring for all generations & nurturing fullness of life.

**CONTACT US TODAY!**

360.629.2126

9901 272nd Place NW • Stanwood, WA 98292 • www.josephinecc.com
GENERAL INFORMATION (CONTINUED)

Social Security Administration
800-772-1213; (TTY 800-325-0778)
www.ssa.gov
3809 Broadway, Everett 98201
18905 33rd Ave. W, Suite 207, Lynnwood 98036
13510 Aurora Ave. N, Suite B, Seattle 98133
636 120th Ave. NE, Suite 100, Bellevue 98005
Information and applications for Social Security Retirement, Survivors and Disability Insurance Benefits; Medicare; and Supplemental Security Income (SSI).

Supplemental Security Income – supplements income for low-income persons 65+; blind or disabled.

WIN 211
Dial 2 1 1
http://win211.org (statewide database)
Statewide dialing code to access health and human service information and referrals. Caller is connected to appropriate regional call center. Volunteers of America is the call center for resources in Island, Snohomish, San Juan, Skagit and Whatcom counties.

ACCOUNTING SERVICES

Journey Housing and Payee Services

Housing and Payee Services Provider with intimate knowledge and understanding of disabled, low-income, and homeless populations.
Housing: (425) 374-5491; housing@wahoyo.org;
Payee Services: (425) 212-4230;
payeeservices@wahoyo.org
https://journeyhousingandpayee.org/

ADULT DAY CARE / ADULT DAY HEALTH SERVICES

Adult day care offers caregivers respite by providing social and recreational activities and some health monitoring for older adults with special care needs. Adult day health programs help frail elders and disabled adults maintain or improve their physical, social and cognitive functioning. Services can include health assessments, nursing supervision, medication management, case management/care coordination, therapeutic recreation, occupational therapy, and socialization/group activities.
Both programs offer a safe and supportive environment. Meals and snacks are included. Transportation may be provided.

Morgan Cottage

Quality Care in a comfortable and relaxing atmosphere.
Specializing in Dementia/Mental Health/DD

Affordable rates
Medicare and Medicaid Accepted
visit www.morgancottage.net

Call Monica for a visit 360-659-0003

Plug into something big

Our mission is to support people of diverse abilities in achieving personal potential at home, work and in community life.
Village Community Services’ programs are operating during the pandemic with our music, employment, and Village Experience Learning Center programs going virtual and/or socially distanced, when can be done safely.

For more info, call Michelle Dietz at 360-653-7752 ext. 14.
Email: resource@villagecommunitysvcs.org
Please donate! Find out how you can connect to our services at:
http://villagecommunitysvcs.org
Village Community Services
3210 Smokey Point Drive, Suite 200 Arlington, WA 98223
TURNING 65 OR NEW TO MEDICARE?

It’s not too early to get Medicare ready

Have a free, no obligation, benefit review

- Find out which plans fit your needs and lifestyle
- See whether your prescriptions are covered
- Learn about wellness programs

Humana can help clarify your options—so you can enjoy life and have peace of mind.

We’ll help you learn your way around Medicare and get comfortable with it.

See why more than 8.3 million people across the country\(^1\) have chosen Humana all-in-one Medicare Advantage plans and stand-alone prescription and drug plans.

Call a licensed Humana sales agent

**ELVIRA "LORNA" LUNSFORD**
206-218-9363
Monday–Friday, 8 a.m.–5 p.m.
elunsford1@humana.com
humana.com/elunsford

**SUSAN HANSON**
425-658-6022
Monday–Friday, 8 a.m.–5 p.m.
shanson11@humana.com
humana.com/shanson

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\(^1\)Humana Inc. First Quarter 2020 Earnings Release May 1, 2020.
Applicable to Humana Gold Plus H2486-006 (HMO). Newspaper advertising supplement to Everett Daily Herald. For accommodations of persons with special needs at meetings call 1-877-320-1235 (TTY:711), 8 a.m. - 8 p.m., seven days a week. **At Humana, it is important you are treated fairly.** Humana Inc. and its subsidiaries comply with applicable Federal Civil Rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status or religion. **English:** ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-877-320-1235 (TTY: 711). **Español (Spanish):** ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitas de asistencia lingüística. Llame al 1-877-320-1235 (TTY: 711). **繁體 (Chinese):** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-320-1235 (TTY: 711).
ADULT FAMILY HOMES

Adult family homes (AHFs) provide living arrangements in a private home. Services include room, board, supervision and personal care. Some AFHs have staff that are licensed healthcare professionals and can accommodate residents with special needs. To check the license and see if an enforcement letter has been issued (and the reason) visit www.dshs.wa.gov/alta. Click on Long Term Care Services & Information and select Long-term Care Housing. A Long Term Care Ombudsman (page 15) can help if you have concerns about the quality of care being provided.

Aspire Adult Family Home
4420 179th st sw, Lynnwood, WA 98037
Phone: (206) 429-5256
Call today for availability!
www.aspireadultfamilyhome.com


Holistic AFHs
425-239-8818; 425-244-1706
6610 77th Pl NE
Marysville, WA 98270
A Holistic Adult Family Home II
7406 29th Pl NE

Marysville, WA 98270
Two locations in Marysville.
aholisticafh.com

Morgan Cottage
360-659-0003
7010 58th Dr. NE, Marysville 98270
www.morgancottage.net

CAREGIVER SERVICES — FAMILY

Family Caregiver Support Program
425-513-1900
5026 196th Street, Lynnwood 98036

Homage
www.homage.org
Information and assistance about care options, support groups, workshops, respite and other resources for unpaid caregivers of elderly or disabled adults age 18+. Supportive consultation along with screening and assessment for additional program services.
www.snoicare.org has a directory of resources and support groups, events calendar and lending library.

Family Caregiver Resource Centers
Alzheimer’s Association – 206-363-5500 (local chapter)
800-272-3900 (24/7 Helpline)
19031 33rd Ave. W, Suite 301, Lynnwood 98036

**Foster Grandparent Program**
425-740-3803
5026 196th Street, Lynnwood WA 98036

**Homage**
www.homage.org
Mentoring program designed to pair seniors with children for one-on-one support at community locations such as schools, daycares, nonprofit clubs and hospitals.

**Lifespan Respite Washington**
1-800-572-7368
www.lifespanrespitewa.org
Voucher program for unpaid family caregivers needing short breaks while supporting an individual of any age who has a special need, condition and or disability.

**MAC/TSOA (Medicaid/Alternative Care/Tailored Services for Older Adults)**
425-513-1900/ 800-422-2024 (for eligibility screening)
TSOA and MAC provide free services to unpaid caregivers who are taking care of family members who are at least 55 years old. TSOA also supports individuals who do not have an unpaid caregiver. TSOA and MAC are different from traditional long-term programs. MAC is for people who are eligible for traditional Medicaid long-term care programs but choose not to go on those programs. MAC benefits are similar to TSOA benefits.

**Kinship Caregiver Program**
425-513-1900
5026 196th Street, Lynnwood 98036

**Homage**
A support program for relatives raising another relatives’ child full-time. This program offers peer support; one-on-one consultations; advocacy; information & resources, and limited financial assistance for income eligible caregivers.

**Senior Companion Program**
425-265-2225
5026 196th Street, Lynnwood 98036

**Homage**
www.homage.org
Provides companionship, socialization, transportation assistance, light meal prep, light organizing and respite support for seniors.

**Stillaguamish Senior Center**
360-653-4551
18308 Smokey Point Blvd., Arlington 98223
Services for family caregiver(s) including information & referral, support groups, care consultation and educational programs.

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**ATTORNEY AT LAW**

**LAWRENCE P. DOLAN**

**WILLS  ESTATE PLANNING  MEDICAID PLANNING  GUARDIANSHIPS  PROBATE  POWERS OF ATTORNEY**

- Wills, Trusts and Estate Planning
- Medicaid Planning
- Powers of Attorney
- Health Care Directives
- Special Needs Trusts
- Guardianships
- Probate
- Protecting Vulnerable Adults

Lawrence P. Dolan has over 25 years experience in representing and assisting clients through the legal process.

Our commitment to professionalism has built an active practice of clients who are confident in our legal services. It is the goal of our office to provide immediate and effective legal services to meet your specific needs.

In the event your circumstances require the services of an attorney, we look forward to being of assistance to you.

425-775-5423
7009 212th Street SW, Suite 203, Edmonds, WA 98026
(Located one block west off Highway 99 on 212th Street SW)

www.lawrencedolanlaw.com

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**MEMBERSHIPS:**

- National Academy of Elder Law Attorneys
- Washington State Bar Association
  - Elder Law Section
  - Real Property, Probate and Trust Section
- Snohomish County Bar Association
- Snohomish County Estate Planning Council
CIVIL RIGHTS

NAACP-Snohomish County #10AA
425-259-1930; 425-876-2530
PO Box 5676 Everett, WA 98206
Membership Questions
membership@naacp-snoco.org
info@naacp-snoco.org
http://naacp-snoco.org/

COMMUNITY SERVICES

VILLAGE COMMUNITY SERVICES- ROYAL PACIFIC BUILDING
360-653-7752
3210 Smokey Point Drive, Suite 200
Arlington, WA 98223
www.villagecommunitysvc.org

CONSUMER PROTECTION

Attorney General – Washington State
206-464-6684; 800-551-4636; (TTY 800-833-6388)
800 5th Ave., Suite 2000, Seattle 98104-3188
www.atg.wa.gov
Information on topics including identity theft, debt management, refund rights and scams that target consumers. Informal complaint resolution service about businesses located in Washington state.

Better Business Bureau
206-431-2222
P.O. Box 1000, Dupont 98327
www.akorww.bbb.org
Business and charity reviews; consumer tips and scam resources; customer reviews; community events and presentations; complaint handling; and consumer-to-business arbitration.

Health Systems Quality Assurance
800-633-6828
Washington State Dept. of Health
P.O. Box 47857, Olympia 98504
www.doh.wa.gov; click on How Do I? and select File a Complaint. Investigates complaints/concerns about healthcare professionals and facilities including hospitals, ambulatory surgery centers, in-home care services, hospice agencies, residential care facilities, and medical laboratories. Does not have regulatory authority over billing issues or nursing homes.

Insurance Commissioner – Washington State
800-562-6900
www.insurance.wa.gov
Consumer protection information on health, auto, home, life, Medicare, annuities and business insurance. Refer to page 30 for the Statewide Health Insurance BenefitsAdvisors (SHIBA) program.

Be a friend:
Apply to be a Senior Companion volunteer
Homage seeks lower income Senior Companion volunteers in Snohomish County to call or safely visit (later in 2021) with nearby older, isolated adults; Watch the game together, chat about old times, play cards, have lunch or take a walk. Volunteers are 55+ and receive hourly and mileage reimbursements from Homage funded by a grant from AmeriCorps Seniors.

To request an application, contact seniorcompanion@homage.org or 425-265-2225.

Ultimate Comfort For All Sizes
Power Lift Recliners

Voted Best Furniture Store in Snohomish County!
Winner 7 years in a row!

StellarComfort
UC 550-JPT
fits people 5’2” and under
StellarComfort
UC 550-M
fits people 5’3” to 5’10”
StellarComfort
UC 550 M26
fits people 5’3” to 5’10” up to 500 lbs.
StellarComfort
UC 550-L
fits people 5’11” to 6’2”

Erickson Furniture
“A Family Tradition Since 1912”
2015 Broadway
Everett, WA 98201
425-259-3876
EricksonFurniture.com
Mon - Sat 9am-6pm
Sunday 11am-5pm
WE CALL IT Caregiving

Are you providing help for a loved one?

We are here for you!

Tailored Services for Older Adults
Providing services and supports for eligible individuals age 55+ to help them continue to live independent and healthy lives at home.

Two new programs might be able to provide limited assistance for you and your loved one.

Kinship Caregiver Program
There are many Grandparents, Step Grandparents, and extended Family members who are raising a relative’s child in Snohomish County. The Kinship Caregiver Program links Kin-Families to resources unique to their individual needs.

Family Caregiver Support Program
The Family Caregiver Support Program helps unpaid caregivers with free consultations that connect them with community resources, care options, and supports that best fits their situation.

A "caregiver" is a helper. This can be any unpaid person who provides supports, even minimally, and does not need to be a spouse or family member.

Snohomish County

To learn more, contact the Homage ADR Resource Line

425.513.1900
800.422.2024
CONSUMER PROTECTION (CONTINUE)

Sno-King Long Term Care Ombudsman Program
360-862-1100 Snohomish County
206-623-0816 King County
800-562-6028 Washington State
800-737-7391 TTY
www.waombudsman.org

Protects and promotes the rights, dignity and well-being of individuals living in long-term care. Provides consumer information and resolves complaints in adult family homes, assisted living facilities and nursing homes. Volunteer positions available. Operated by the Multi-Service Center in Federal Way.

DENTAL SERVICES / CLINICS

Community dental clinics (Community Health Center, HealthPoint and SeaMar) provide routine and preventive services that may include oral exams, x-rays, extractions, fillings, emergency treatment and other services. The clinics typically accept WA Apple Health (Medicaid) and private insurance, including some Medicare plans. A discount fee scale may be offered for uninsured.

Community Health Center of Snohomish County Dental Clinics

www.CHsno.org
Arlington – 360-572-5400
326 S. Stillaguamish Ave., Arlington 98223
Edmonds – 425-640-5500
23320 Highway 99, Edmonds 98026
Everett-North – 425-551-1000
1424 Broadway, Everett 98201
Everett-South – 425-551-6001
1019 112th St. SW, Everett 98204
Lynnwood – 425-835-5200
4111 194th St. SW, Lynnwood 98036

Sea Mar Community Health Dental Clinics
www.seamar.org
Marysville – 360-657-3091
4922 Grove St., Marysville 98270
Monroe – 360-282-3900
17707 W Main St., Monroe 98272
Everett – 425-249-0770
1920 100th St. SE, Ste. C2, Everett 98208

European Denture Center
425-374-8470
1111 Pacific Ave., Suite A, Everett 98201
www.everett.eurodenture.com

NO charge consultation. Specializing in high quality custom dentures, partials, implant dentures. Same day repairs. Most insurances accepted.

ELDER LAW ATTORNEY

SARAH DUNCAN

Sarah Duncan is a member of the National Academy of Elder Law Attorneys (NAELA). Sarah is also a member of the American Bar Association real property and probate section, the Snohomish County Bar Association, and the Snohomish County Estate Planning Council.

Wills & Trusts · Durable Powers of Attorney
Health Care Directives · Probate & Trust Administration
Long-Term Care Planning · Medicaid Planning

Adams & Duncan, Inc., P.S.
3128 Colby Avenue
Everett, WA 98201

www.AdamsLawyers.com

Meeting the Needs of Seniors & Their Families

425 - 339 - 8556
DISABILITY RESOURCES

Snohomish County Developmental Disabilities has resource guides that include a description and contact information for 300+ resources. For information call 425-388-7320 or visit www.snoco.org; search for Developmental Disabilities and click on the Resource Books tab.

**Brain Injury Alliance Washington**
877-982-4292; 877-824-1766 Resource Center
P.O. Box 3044, Seattle 98114
www.biawa.org
Assists individuals affected by brain injury by providing resources and support to increase quality of life.

**Department of Services for the Blind**
206-906-5500; 800-552-7103
3411 S. Alaska St., Seattle 98118
www.dsb.wa.gov
Provides training, counseling and support to individuals who are blind or visually impaired pursue employment, education and independent living.

**Developmental Disabilities Administration**
www.dshs.wa.gov/DDA
Everett – 425-740.6400; 800-788-2053
840 N. Broadway, Bldg. A, Suite 100, Everett 98201
Lynnwood – 425-977-6620; 800-788-2053
20311 52nd Ave. W., Suite 302, Lynnwood 98036
Case and resource management for persons with developmental disabilities, including accessing and monitoring vocational, residential and other community programs.

**Developmental Disabilities of Snohomish County**
425-388-7208
3000 Rockefeller Ave., M/S 305, Everett 98201
www.snoco.org; search Developmental Disabilities Plans and coordinates services for individuals with developmental disabilities and their families including early intervention, employment support, and information/education. Visit website for resource directory of programs, support services.

**Disability Rights of Washington**
206-324-1521
315 5th Ave. S., Suite 850, Seattle 98104
www.disabilityrightswa.org
Protects the rights of people with disabilities through advocacy, information and referral, community education and training.

**Disabled Parking Permits**
425-388-3371 – option 6
Snohomish County Auditor’s Vehicle Licensing Office
3000 Rockefeller Ave., M/S 306, Everett 98201
www.snoco.org; search Parking for People with Disabilities. A disabled parking application may be obtained at the Auditor's office and/or vehicle licensing sub-agency. An application may also be downloaded at www.dol.wa.gov search Disabled Parking.

**Sherwood Community Services**
425-334-4071
402 91st Avenue NE, Lake Stevens, WA 98258
www.sherwoodcs.org
Serving Snohomish County and Camano Island, Sherwood provides Early Intervention therapy, education and evaluations for infants and toddlers (birth to three) with a diagnosed disability or delay. Sherwood also provides Vocational Services throughout Snohomish, Skagit and Island Counties. Supporting high school graduates and adults with disabilities seeking employment and seniors with disabilities who are looking for inclusive activities within their community through DDA or private pay.

**Speech to Speech**
916-448-5517
www.speechtospeech.org
Free telephone assistance service for individuals who have difficulty being understood due to a speech impairment or disability.

**The Arc of Snohomish County**
425-258-2459
2500 Hewitt Ave., Suite 300, Everett 98201
www.arcsno.org
Resource for individuals with intellectual and developmental disabilities and their family regardless of the diagnosis and at all stages of life.

**Washington Assistive Technology Act Program**
800-214-8731; (TTY 866-866-0162)
University of Washington
Box 354237, Seattle 98195- www.watap.org
Assistive technology resource including hands-on demos, device lending program, sources for alternative financing, and reused equipment.

**Washington Relay**
1-800-422-7930
1-360-725-3450 (V)
1-360-725-3455 (TTY)
1-360-339-7755 (VP)
www.washingtonrelay.com
Captioned telephone service.
We are here to help you

Ensuring the rights, dignity, and well-beings of individuals living in long-term care... today and tomorrow.

**DISABILITY RESOURCES (CONTINUE)**

Washington Talking Book & Braille Library
206-615-0400; 800-542-0866
2021 9th Ave., Seattle 98121
www.wtbb.org
Informational and recreational reading materials for individuals who are unable to read standard print material.

**EDUCATION / RECREATION**

America the Beautiful Senior Pass – National Parks
www.nps.gov/planyourvisit/passes.htm
Lifetime entrance pass for U.S citizens or permanent residents 62+ to national parks, monuments, etc. and discounts on some fees (camping, swimming, specialized interpretive services). For seniors, lifetime passes are $80 and annual passes are $20 and can be obtained in person at a Federal recreation site or download an application from the website and pay an additional processing $10 fee).

Creative Retirement Institute - 425-640-1830
7020 196th St. SW, Maltby Bldg., Room 102
Lynnwood 98036
https://ce.edmonds.edu/lifelong-learning/cri/default.html
Learning-in-retirement offers intellectual and cultural enrichment through activities, seminars and college level courses and social activities.

Master Gardener / Community Horticulture Programs
425-357-6010
WSU Snohomish County Extension
600 128th St. SE, Everett 98208
www.extension.wsu.edu/snohomish/garden
Information on plants/gardening, environmentally-sound pest management, organic vegetable gardening, composting, water conservation, etc.

Road Scholar - 800-454-5768
www.roadscholar.org
Short-term, in-depth educational opportunities offered throughout the U.S., Canada and 150+ other countries. Ask about scholarships.

**WASHINGTON STATE PARKS PASSES**

360-902-8844
P.O. Box 42650, Olympia 98504-2650
www.parks.state.wa.us; click on Find It Fast, then click on Passes and Permits Reduced or waived camping, moorage and boat launch fees for limited-income Washington state residents (62+), persons with disabilities and veterans with 30 percent or more service-connected disability. Free camping. (standard site) and moorage for people 62+ with $75 pass October through March; weekdays in April.

**ELDER ABUSE / CRIME ASSISTANCE**

Address Confidentiality Program
800-822-1065; 360-753-2972
P.O. Box 257, Olympia 98507-0257
www.sos.wa.gov/acp; click on Address Confidentiality
Provides substitute address and mail forwarding services for Washington State residents who are survivors of domestic violence, sexual assault, trafficking and/or stalking. Must be referred by a domestic violence or sexual assault program.

Adult Protective Services – DSHS
877-734-6277; (TTY 833-866-5595) – Snohomish County Aging and Long-Term Support Administration
PO Box 45600, Olympia 98504-5600
www.dshs.wa.gov/altsa; click on Reporting Adult Abuse
Report suspected abuse, neglect, abandonment or financial exploitation of a vulnerable person who lives in his/her own home or somewhere other than a residential care facility. DSHS will investigate the alleged abuse and, with the adult’s permission, take action to protect his/her health and well-being. If the person is in immediate danger, call 9-1-1. If the person lives in a nursing home, boarding home or adult family home, call the DSHS Complaint Resolution Unit 800-562-6078; (TTY 800-737-7931)
**Affordable Senior Apartment Homes**  

**Meadows I, II, III** • 425.339.1024  
1115 Rainier Ave., Everett  
One bedroom: $650*  Two bedroom: $755*  

The Meadows Apartment Community is in North Everett.

**For information and application ...**

**Lake Woods II** • 425.339.1047  
12404 19th Pl. W., Everett  
One bedroom: $675*  Two bedroom: $780*  

Lake Woods II is in South Everett.

**For information and application ...**

**Features & Amenities:**

- Social Service Coordinators  
- One- and two-bedroom energy efficient apartments  
- Access-controlled buildings and emergency alert systems  
- Dishwasher, electric range with self-cleaning oven, frost free refrigerator, and quality cabinetry  
- Large community rooms with kitchens and fireplaces that are available for private functions  
- On-site laundry facilities  
- All apartments wheelchair accessible  
- All buildings are non-smoking  
- Convenient access to public transportation  
- Income restrictions apply  
- Pets welcome

*Rent subject to change; includes water, sewer & garbage
We perform Cataract, Lasik and Eyelid surgery.

We provide Comprehensive, Routine and Eye Health Exams for Diabetes, Glaucoma and Macular Degeneration.

Serving the community for over 45 years

A Passion for Excellence

Serving the community for over 45 years
We perform Cataract, Lasik and Eyelid surgery.
We provide Comprehensive, Routine and Eye Health Exams for Diabetes, Glaucoma and Macular Degeneration.

We are Medicare-approved and accept most insurance plans.

Brian D Lueth, MD
Thomas W. Jones, Jr., MD
Thomas W. Jones III, MD

425.259.2020 • www.lasikdrs.com
3930 Hoyt Ave., Everett, WA 98201

ELDER ABUSE / CRIME ASSISTANCE (CONTINUED)

Snohomish County Long-Term Care Ombudsman Program
360 862-1100 Snohomish County
800-562-6028 State of Washington
800-737-7391 TTY www.waombudsman.org

As Ombuds, we ensure the rights, dignity, and well-being of individuals living in long-term care facilities to include Skilled Nursing, Assisted Living and Adult Family Homes. A trained certified Ombuds will listen to your concerns and with resident permission meet with family, facility staff, and local and state agencies and organizations to resolve problems and answer questions. Our services are free and confidential. We are here for you – residents, family members, friends, or anyone interested in the welfare of the residents.

Domestic Violence Hotline
800-562-6025 – Washington
800-799-7233; (TTY 800-787-3224) – national
www.wscadv.org/get-help-now/

King/Snohomish/Pierce County Deaf Hotline, 24 hours every day, 206-812-1001 (videophone)
Crisis intervention, safety planning and referral to programs that assist domestic violence victims and their families.

Domestic Violence Services of Snohomish County
425-259-2827 – general information
425-252-2873 – 24-hour crisis intervention hotline
www.dvs-snoco.org

Protection Order Assistance Office
425-388-3638
Snohomish County Clerk’s Office
3000 Rockefeller Ave., M/S 605, Everett 98201
https://snohomishcountywa.gov/439/Protection-Orders
Assists individuals in Superior Court to obtain a domestic violence, anti-harassment, vulnerable adult or sexual assault protection order. Non-family protection orders may also be obtained through District Court.

Victim Support Services — 888-288-9221 (24/7 hotline);
425-252-6081 (Snohomish County office).
P.O. Box 1949, Everett, WA 98206.
www.victimsupportservices.org.
Provides free and confidential services to victims of crime including one-on-one advocacy, crisis intervention, courtroom support, trauma-informed therapy, resources, referrals, and more.

Will you help Grace?

A gift of just $8 can provide one day of nourishing meals and lifesaving services to a senior like Grace.

Make your gift today at www.homage.org/donate.
EMERGENCY SERVICES

Everett Gospel Mission - 425-740-2500  
www.egmission.org

Men's Shelter - 425-740-2550  
3711 Smith Ave., Everett 98201

Women/Children's Shelter - 425-740-2501  
5126 S 2nd Ave., Everett 98203  
Emergency shelter, meals, clothing, support and recovery programs.

Monroe Gospel Women's Mission  
360-863-9003  
450 S. Lewis St., Monroe 98272  
www.monroegospelmission.com  
Emergency shelter, meals, case management and support for homeless women.

Salvation Army  
425-259-8129  
2525 Rucker Ave., Everett 98201  
www.everett.salvationarmy.org  
Limited assistance in paying PSE bills and prescription medication. Food bank for Everett adult-only households. Free fellowship dinner Monday and Tuesday at 4:45 p.m. Emergency cold weather shelter (upon specific weather conditions).

St. Vincent DePaul of Snohomish County  
425-355-3504  
6424 Broadway Ave., P.O. Box 2269, Everett 98213  
www.svdpnsc.com  
Emergency assistance for food, clothing, furniture, utilities, and other emergency services. Limited assistance for rent and prescription medication.

EMPLOYMENT / JOB TRAINING

AARP Foundation  
206-624-6698  
Senior Community Service Employment Program  
115 N. 85th St., Suite 105, Seattle 98103  
www.aarp.org/aarp-foundation  
Short-term community service assignments and employment assistance for income-eligible people 55+.

Senior Center Employment

Edmonds Senior Center - 425-774-5555  
220 Railroad Ave., P.O. Box 717, Edmonds 98020

North Shore Senior Center - 425-487-2441  
10201 E. Riverside Dr., Bothell 98011

Stillaguamish Senior Center - 360-653-4551  
18308 Smokey Point Blvd., Arlington 98223  
Employment referral services for persons 55+. Can connect workers with individuals and businesses.

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10811 16th Ave S.E., Everett 98208

*Rent subject to change.
EMPLOYMENT / JOB TRAINING (CONTINUED)

WorkSource
www.worksourcewa.com
Everett – 425-458-2711
3201 Smith Ave., Suite 330, Everett 98201
Lynnwood – 425-412-6867
18009 Highway 99, Suite A, Lynnwood 98037
North Seattle – 206-440-2500
9600 College Way N, Seattle 98103
Job search and placement assistance. Resources for displaced workers, veterans, people with disabilities.

ENERGY / WEATHERIZATION

Project Pride – 425-374-1243 – St. Vincent de Paul
www.snopud.com; click on Your Account and select Project Pride. Financial assistance with electric bills for eligible low income Snohomish County PUD customers.

Snohomish County Office of Energy Assistance
425-388-3880
3000 Rockefeller Ave., M/S 305, Everett 98201
www.snohomishcountywa.gov
Help with heating bills (oil, natural gas, wood, propane, electric) for eligible low-income county residents. Puget Sound Energy HELP and Cascade Natural Gas WEAF programs open October through August. LIHEAP, which helps with any type of heating program is typically open mid-November through March.

Snohomish County Office of Weatherization
425-388-7205
3000 Rockefeller Ave., M/S 305, Everett 98201
www.snooco.org; search Weatherization
Home energy conservation assistance for homeowners and renters who meet income eligibility requirements. Includes standard weatherization measures and safety checks on heating systems.

Snohomish County PUD Energy Hotline
425-783-1700
2320 California St., P.O. Box 1107, Everett 98206
www.snopud.com
Information about lighting, weatherization and energy conservation.

Snohomish County PUD Senior/Low-Income Discounts
425-783-1000
2320 California St., P.O. Box 1107, Everett 98206
www.snopud.com/discouts
Discounts for people 62+ with monthly household income of $2,362 or less ($28,349 annual income). Discounts for PUD customers of all ages who meet income requirements (see website for guidelines).
FINANCIAL—DISCOUNTS / EXEMPTIONS

Property Tax Reduction – Snohomish County
425-388-3540 – exemption department
425-388-3433 – general information
3000 Rockefeller Ave., M/S 510, Everett 98201
www.snoco.org; search County Assessor
Property tax reduction for persons under the age of 61 who are unable to work because of disability, or those 61 or older on or before December 31 of the year before the tax year. Must own and occupy the property and have an annual household income of $40,000 or less. Contact the Assessor’s Office for information/applications for Property Tax Deferral programs that are also available.

Senior Low-Income Garbage Disposal Card
425-388-3425 – press option 0
Snohomish County Solid Waste
Discount at county transfer stations for Snohomish County residents 60+ who meet income guidelines.

FOOD / NUTRITION

Basic Food Program
Assistance with food costs for income eligible persons. Homage Senior Services’ Nutrition Program can help you complete an application.

Call 425-347-1229; 800-824-2183 or send an email to basicfood@homage.org. - www.homage.org/nutrition

Food Banks
Snohomish County – 360-568-7993
www.snohomishfoodbank.org
(search for snoco-coalition)
King County– 206-285-0287; 800-722-6924
www.northwestharvest.org

Senior Nutrition Program/Meals on Wheels
425-347-1229, 800-824-2183 or send an email to nutrition@homage.org
5026 196th Street, Lynnwood WA 98036
Homage - www.homage.org
Home delivered meals, nutrition education and counseling. Senior dining meals at sites throughout Snohomish County. Call the meal site nearest you:
Arlington – 360-653-4551
Baker View Apartments 425-212-3536
Darrington – 360-436-0646
Edmonds – 425-774-5555
Everett – 425-257-8780
Monroe – 360-794-6359
Mountlake Terrace – 425-672-2407
Snohomish – 360-568-0934
Tulalip – 360-716-4684
Multicultural meal site/senior center - 425-290-1268

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www.windsorsrliving.com

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acca@americancremation.com
www.americancremation.com

Beck’s Tribute Center
425-771-1234
405 5th Ave S, Edmonds, WA 98020
Beckstributecenter.com
We’re here to help.

HEALTH / WELLNESS SERVICES

Care Coordination
425-265-2286
5026 196th Street, Lynnwood WA 98036
Homage
www.homage.org/health-wellness/
Provides individuals discharged from the hospital with advocacy and health management resources.

Center for Healthy Living – 425-290-1268 or send an email to livingwell@homage.org
5026 196th Street, Lynnwood WA 98036
Homage Senior Services www.homage.org
Offers health and wellness programs, dental clinic, mental health services, multicultural services and information and assistance for older adults and people living with disabilities.

YMCA of Snohomish County
www.ymca-snoco.org
Everett – 425-258-9211
Marysville – 360-653-9622
Mill Creek – 425-337-0123

Monroe – 360-805-1879
Mukilteo – 425-493-9622
Stanwood/Camano – 360-629-9622
Health and well-being programs for older adults including fitness classes, yoga and water aerobics/exercise. Services vary by branch.

HEALTH – EDUCATION / RESEARCH

Alzheimer’s Assn.
206-363-5500; 800-272-3900
19031 33rd Ave. W, Suite 301, Lynnwood 98036
www.alz.org

American Cancer Society
425-741-8949; 800-227-2345
3120 McDougall Ave., Suite 100, Everett 98201
www.cancer.org
American Diabetes Assn.
206-282-4616; 888-342-2383
180 Nickerson Street, Suite 309, Seattle WA 98109
www.diabetes.org

American Heart/Stroke Assn.
206-336-7200; 800-242-8721 Heart Assn.;
888-478-7653 Stroke Assn.
710 2nd Ave., Suite 900, Seattle 98104
www.heart.org; www.strokeassociation.org

American Lung Assn.
206-441-5100; 800-586-4872
5601 6th Ave. S, Suite 460, Seattle 98108
www.lung.org

American Parkinson Disease Assn.
206-695-2905
180 Nickerson St., Suite 108, Seattle 98109
www.apdaparkinson.org/community/northwest

Arthritis Foundation – 206-547-2707; 206-489-4610;
Helpline 800-283-7800
155 NE 100th St., Suite 303, Seattle 98125
www.arthritis.org

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Visit snopud.com/discounts or call our Customer Service Team at 425-783-1000 M-F, 8 AM to 5:30 PM

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Check out our energy conservation programs that help you save energy and money!

Visit snopud.com or call our Energy Hotline at 425-783-1700 M-F, 8 AM to 5 PM
HEALTH — MEDICAID / MEDICARE

HBWA Health Benefits of Washington
Serving Snohomish, Skagit, Island & King Counties
3621 143rd Pl NW Suite 200
Marysville, WA 98271
425-501-4112
healthbenefitswa@gmail.com
Let’s Make Your Benefits Work For You!
www.healthbenefitswa.com

Medicaid (WA Apple Health)
See DSHS Home & Community Services

Medicare – 800-633-4227; TTY 877-486-2048
www.medicare.gov

Social Security – 800-633-4227; TTY 800-325-0778
Federal health insurance program for people 65+, people
with permanent kidney failure, and eligible disabled adults.
To sign up contact Social Security.

Medicare Prescription Drug Plan (Part D)
Prescription drug coverage for anyone enrolled in Medicare. Those who meet income and asset guidelines
may receive help to reduce the cost of their prescription medications.

Medicare Beneficiary Helpline – 877-588-1123
Livanta LLC
10830 Guilford Road, Suite 312
Annapolis Junction, MD 20701
www.LivantaQIO.com
Helpline to report complaints about quality of care
received and to appeal impending discharge (hospital/
nursing home, etc.) or termination of services (home
health, hospice care, etc.) Medicare beneficiaries can
also ask questions about patient rights. Livanta serves
nine west coast states including Washington.

Medicare Savings Program
425-513-1900; 800-422-2024
Helps Medicare recipients pay all or part of their
Medicare premiums, deductibles and co-payments.
Must meet income and resource requirements.

SHIBA – 425-290-1276
Statewide Health Insurance Benefits Advisors
www.insurance.wa.gov
SHIBA advisors provide free, unbiased and confidential
help with Medicare and health care choices. Will help
you evaluate/compare health plans and programs, Part
D prescription programs, health care coverage needs,
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programs and provide enrollment help with Medicare.

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Eligibility Criteria

- Temporarily or permanently homebound
- Limited access to food or shopping
- Limited personal support

- Difficulty preparing meals
- Age 60 years old and older

Office Hours: Monday – Friday 8:00 am – 12:00 pm
1:00 pm – 4:30 pm

425.347.1229
800.824.2183
Email: nutrition@homage.org

Meals on Wheels offers nutritious meals for homebound older adults and people with disabilities. The delicious frozen meals are easy to heat and are delivered directly to your home each week by caring and compassionate staff and volunteers.
HEALTH — SERVICES / CLINICS (CONTINUED)

18828 Smokey Point Blvd., Arlington 98223
**Monroe**—**360-863-3313**
18121 149th St. SE, Monroe 98272
**Whidbey Island**—**360-679-6706**
430 SE Midway Blvd. Oak Harbor 98277
**Anacortes**—**360-755-3586**
809 31st. St., Anacortes 98221
Community health education, medical nutrition therapy, in-center hemodialysis, home dialysis, hospital dialysis and patient support programs.

**Sea Mar Community Health Center**
www.seamar.org
**Everett** — **425-312-0202**
1920 100th St. SE, Bldg. B, Suite C2, Everett 98208
**Marysville** — **360-653-1742**
9710 State Ave., Marysville 98270
**Monroe** — **360-282-3885**
17707 W. Main St., Monroe 98272
Routine and preventative health care for migrant, minority and low income persons. Pharmacy services offered at the Everett clinic. Ask about MSS/WIC (low-income women, infants and children) services.

**Snohomish Health District**
www.snohd.org
**Everett** — **425-339-5200**
3020 Rucker Ave., Everett 98201
**Lynnwood** — **425-258-8400**
6101 200th St. S.W., Lynnwood 98036
Disease prevention, birth/death records, health reports, food safety, etc.

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1520 Broadway, Suite 103
Everett, WA 98201
Phone: 425-212-4230 or 877-447-4082
www.journeypayee.org
HOME CARE / HOME HEALTH CARE

Home care agencies provide assistance with activities of daily living such as personal care, transportation, meal preparation, light housekeeping, laundry, errands and transportation.

Home health care agencies provide in-home services that typically include skilled nursing care, social workers, home health aides, and physical/occupational/speech therapy. Medicare or private insurance may cover services authorized by your physician.

For concerns about quality of care provided by a home care or home health care provider, contact the Washington State Dept. of Health.

A Better Solution in Home Care
Stanwood Office: 360-629-4510; Fax: 360-629-4658
9522 271st St NW
Stanwood WA 98292

Seattle Area Office: 206-446-8896; Fax: 360-629-4658
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www.allaboutcarenow.com

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www.rightathome.net.

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www.Ericksonfurniture.com  
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Hospice/palliative care offers individualized home medical care, spiritual and emotional comfort for persons with a life-threatening illness. Care is tailored to patient's/family needs and preferences including care in symptom and pain management.

**Evergreen Hospice**  
**425-899-3300; 800-442-4546**  
12822 124th Lane NE, Kirkland 98034  
www.evergreenhealth.com/hospice

**Providence Hospice / Homecare of Snohomish County**  
**425-261-4800 Access Services; 425-261-4777**  
2731 Wetmore Ave., Suite 500, Everett 98201  
www.washington.providence.org;

HOSPITALS

**Cascade Valley Hospital** - **360-435-2133**  
330 S Stillaguamish Ave., Arlington 98223  
www.cascadevalley.org

**Evergreen Health Monroe**  
**360-794-7497**  
14701 179th Ave. S.E., Monroe 98272  
www.evergreenhealthmonroe.com

**Providence Regional Medical Center**  
**425-261-2000**  
Colby Campus – 1700 13th St., Everett 98201  
http://washington.providence.org

**Swedish Edmonds**  
**425-640-4000**  
21601 76th Ave. W, Edmonds 98026  
www.swedish.org

**VA Puget Sound Health Care System**  
**800-329-8387**  
1660 S Columbian Way, Seattle 98108  
www.pugetsound.va.gov

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This project received funding from Skagit County
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2930 Wetmore Ave., Suite 8-B, Everett 98201
www.everettwa.gov/CHIP
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Home Repair
425-265-2222
5026 196th Street, Lynnwood WA 98036
Homages Senior Services
www.homage.org
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USDA Rural Development
360-428-4322
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HOUSING — INDEPENDENT SENIOR LIVING

(CONTINUED)

www.evha.org
Affordable or subsidized apartments and Section 8 vouchers for eligible applicants in the City of Everett and surrounding area. Senior and disabled housing includes on-site service coordinator.

Hope Options
425-303-1116
Everett Housing Authority
Intervention and case management for seniors with mental health or behavioral issues who may be at risk of losing their housing.

Housing Authority of Snohomish County
425-290-8499
12711 4th Ave. W, Everett 98204
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2 The Everett Clinic works with the Optum Sales Support Center to connect you with licensed insurance agents. Licensed agents work with Medicare beneficiaries to explain Medicare Advantage, Medicare supplement insurance and prescription drug plan options.

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**HUMAN SERVICES**

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Everett, WA 98201
425.259.3555
info@millenniaministries.org
https://www.millenniaministries.org

**Civil Rights**
NAACP-Snohomish County #10AA
425-259-1930; 425-876-2530
PO Box 5676 Everett, WA 98206
Membership Questions
membership@naacp-snoco.org
info@naacp-snoco.org
http://naacp-snoco.org/

**Race and Social Justice**
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206-446-7847
info@c3coalition.org
https://www.c3coalition.org/

**LEGAL SERVICES**

**Advance Medical Directives**
800-552-0612
Washington State Medical Association
www.wsma.org
Information and documents to assist individuals with end of life decisions. The packet includes a durable power of attorney for health care and health care directive (living will).

**Dispute Resolution Center**
425-339-1335, Ext. 5; 425-259-3191
Volunteers of America
www.voaww.org/drc
Conflict resolution for those who are having difficulty resolving family issues, neighborhood disputes, and landlord/tenant or workplace conflicts.

**Legal Services Hotline**
888-387-7111 for free services
Everett - 888-201-1014; 888-201-1017
CLEAR*Sr program of the Northwest Justice Project
www.nwjustice.org; www.washingtonlawhelp.org
Free legal services and referrals for people 60+ with noncriminal legal problems. The intake line for low income people of any age: 888-201-1014.

**Small Claims Court** (Snohomish County)
425-388-3331
www.snoco.org; search District Court
**Everett** – 3000 Rockefeller Ave., Everett 98201
**South** – 20520 68th Ave. W, Lynnwood 98036
**Cascade** – 415 E. Burke Ave., Arlington 98223
**Evergreen** – 14414 179th Ave. SE, Monroe 98272
Limited to claims of up to $5,000 for recovery of money only. Must file locally. Filing fee, $29. A mediation hearing is required before a trial date is scheduled.

**Snohomish County Lawyer Referral Service**
425-388-3056 – Snohomish County Bar Association
Referrals to attorneys in Snohomish/adjacent counties. $35 for first 30-minute consultation.

**Snohomish County Legal Services**
425-258-9283, Ext. 16
www.snoolegal.org
Help for civil legal problems (not criminal) for eligible low-income residents of Snohomish County. Call Legal Services Hotline/CLEAR at 888-201-1014 for a referral.

**LEGAL – ELDER LAW**

The inclusion of the following attorneys does not imply they have limited their practice, are certified, or are specialists in the field of Elder Law. **Adams & Duncan**

**Lawyers**
25-339-8556
3128 Colby Ave., Everett 98201
www.adamslawyers.com

**Attorney At Law Lawrence P. Dolan**
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www.lawrencedolanlaw.com
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360-647-8846
www.elderlaw-nw.com

**Hickman Menashe, P.S.**
425-744-5658
4211 Alderwood Mall Blvd., Suite 202, Lynnwood 98036
www.hickmanmenashe.com
CHECK OUT OUR MOVE IN SPECIALS

CEDAR POINTE

BRAND NEW
55+ LIVING.

CALL US TODAY
TO SCHEDULE
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CEDAR POINTE APARTMENTS OFFER A SCENIC
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(360) 230-6932 | Cedar-Pointe.com
17309 40TH AVE NE., ARLINGTON, WA 98223
CEDARPOINTE-HTM@M.KNCK.IO

specials subject to change
LEGISLATIVE / ADVOCACY

AARP Washington
866-227-7457
18000 International Blvd., Suite 1020, SeaTac 98188
www.aarp.org/wa
Legislative advocacy, research, informative programs and community service for people 50+

Legislative Information Center Hotline
800-562-6000
PO Box 40500, Olympia 98504-0500
www.leg.wa.gov/lic
Information on bills/legislative process and message center for state legislators and other state elected officials.

Senior Citizens’ Lobby
360-754-0207 (Washington State)
1501 Capitol Way S., Suite 103, Olympia 98501
www.waseniorlobby.org
Advocacy groups that focus on senior citizen issues, develop positions and determine actions to be taken to influence the legislative process.

Voter Registration
425-388-3444 (Snohomish County)
Snohomish County Auditor/Elections
3000 Rockefeller Ave., M/S 505, Everett 98201
www.snoco.org/elections
Voter registration forms are available at the Auditor’s office, libraries, public schools, city halls and post offices, or register online at www.vote.wa.gov. Ballots are mailed 19 days prior to an election. Call if you do not receive a ballot.

LGBTQ SERVICES

LGBTQ – Lesbian, gay, bisexual, transgender and questioning.

Entre Hermanos
206-322-7700
1105 23rd Ave., Seattle 98122
www.entrehermanos.org
Promotes the health and well-being of the Latino LGBTQ community in a culturally appropriate environment through disease prevention, education, support services, advocacy and community building.

Gay City
206-860-6969
517 E Pike St., Seattle 98122
www.gaycity.org
Promotes wellness in LGBTQ communities by providing health services, connecting people to resources, fostering arts, and building community. Offers HIV and STD testing.

GenPRIDE
206-393-3400
401 Broadway E. #223, Seattle WA 98102
www.gapseattle.org
Generations Aging with Pride empowers older LGBTQ adults to live with pride and dignity by promoting, connecting and developing innovative programs and services that enhance belonging and support, eliminate discrimination, and honor the lives of older members of our community.

Ingersoll Gender Center
206-849-7859
517 E. Pike St., Seattle 98122
www.ingersollgendercenter.org
Supports transgender people and gender-variant people towards growth and well-being through support groups, educational opportunities, jobs programs, and special events.

Lifelong AIDS Alliance
206-957-1600; 877-297-0576
www.lifelong.org
Offers food, housing, and health services to the community.

National Resource Center on LGBT Aging
212-741-2247

MEDICATION SAFETY

An education video presented by Homage about medication safety regarding the following topics:
Prescription and over-the-counter medications, safe use, storage, and disposal of medications, and making a personal medication list. If you are 60 years old or older and you live in Snohomish County, please contact call 425-754-9119 or visit www.homage.org to receive a free File of Life.
NOTICING CHANGES IN MOM OR DAD?

Common signs of memory loss include:

- Not being able to follow directions
- Getting lost in places they know
- Becoming confused about people, place, and time
- Asking the same questions
- Failing to care for themselves

At Mukilteo Memory Care, we understand the challenges of living with memory loss.

Find out how we can help, scan the code above with your phone’s camera or give us a call at (425) 366-7736.

www.MukilteoMemoryCare.com
VINTAGE AT
EVERETT
APARTMENTS HOMES

Amenities

RESIDENT AMENITIES
• Washer/dryer
• Private Balconies
• Spacious floor plans
• Microwaves

COMMUNITY AMENITIES
• Beauty salon
• Pool/spa
• Billiards room
• Storages
• Underground parking
• Business center
• High-speed internet access

RESOURCE GUIDE | 2021-2022
A publication of Homage Senior Services

MEDICAL EQUIPMENT / SUPPLIES

Donor Closet
409 Howell Way, Edmonds
425-712-1807
www.mshh-donorcloset.com
MSHH Donor Closet offers affordable lower-cost Medical and Mobility equipment, hospital beds, scooters, power chairs, wheelchairs, transport chairs, Rollators

MEDICATIONS DISPOSAL / EDUCATION

Med-Project Medication Education & Disposal
1-844-633-7765
Safely dispose of unwanted & expired medicines med-project.org/locations/Snohomish

MEMORY CARE COMMUNITIES

Josephine Caring Community
360-629-2126
9901 272nd Place NW, Stanwood 98292
www.josephinenet.com

Mukilteo Memory Care
4686 Pointes Dr, Mukilteo, WA 98275
425-366-7736
Welcome to Mukilteo Senior Living
www.mukilteomemorycare.com

Quail Park of Lynnwood
425-640-8529
4015 164th St. SW, Lynnwood 98087
www.quailparkoflynnwood.com

Village Concepts of Marysville ~ Grandview Village
(360) 653-2223
5800 64th Street NE Marysville, WA 98270
www.villageconcepts.com
Where we are creating a village that feels like family. Indendent and assisted living for seniors.

MENTAL HEALTH / COUNSELING

Care Crisis Chat line - 800-584-3578

Compass Health
425-349-6200; 800 - 457-9303
4526 Federal Ave., Everett 98203

1001 E Marine View Drive, Everett, WA 98201 | (425) 522-5393 | vintageeverett-htm@m.knck.io
www.compasshealth.org
Individual and group treatment, case management, crisis triage and stabilization, residential services, housing services and psychiatric services for eligible persons.

**Depression Screening**
425-290-1260; 800-422-2024
5026 196th St. SW Lynnwood, WA 98036
Homage Senior Services
www.homage.org
In-home screening for depression, with follow-up referral and advocacy. Short-term counseling may be available. Services are free for people age 60+.

**In-Home Mental Health Services**
425-899-6300; 800-548-0558
Evergreenhealth.com; click on Services and select Behavioral Health Services
In-home counseling for individuals with severe and persistent mental health issues, those who are in need of geriatric crisis intervention and consultation, and support for unpaid caregivers.

**NAMI Snohomish County**
425-339-3620 message line
www.namisnohomishcounty.org; www.namiwa.org
Provides no-cost classes and support groups for people living with mental illness and their families. NAMI Washington provides educational resources, presentations, events, and advocacy for better public health policy.

**Older Adult Mental Health Access**
425-290-1260; 800-422-2024
5026 196th St. SW, Lynnwood, WA 98036
Homage Senior Services
www.homage.org
Information and assistance to Snohomish County residents age 60+ in accessing mental health or chemical dependency services. Presentations that focus on strategies to promote positive mood and healthy aging including lifestyle issues, stress management, relaxation techniques, depression awareness and community resources. Inquiries and referrals are welcome from individuals, family members or community providers.

**Sea Mar Behavioral Health**
www.seamar.org
**Everett** – 425-609-5505
5007 Claremont Way, Everett 98203
**Everett** – 425-312-0277
1920 100th St. SE, Everett 98208
**Lynnwood** – 425-977-2560
19707 44th Ave. W, Suite 101, Lynnwood 98036
**Monroe** – 360-805-3122
14090 Fryeland Blvd. SE, Suite 347, Monroe 98272
Alcohol/substance abuse treatment; individual family and group therapy/counseling; psychiatric evaluations; case management and referral. Everett and Monroe offer child & family services.

**Senior Peer Counseling**
425-290-1260
5026 196th Street, Lynnwood WA 98036
Homage Senior Services; www.homage.org
Provided by trained senior volunteers. Support groups countywide. Services are free for people age 60+.

**Volunteers of America**
www.voaww.org: click on Get Help and select Behavioral Health Services
Telephone emotional support and crisis intervention 24 hours a day. For online emotional support, visit www.imhurting.org or www.suicidepreventionlifeline.org

**MOBILE HEALTH SERVICES**

**Seattle Dispatch**
Seattle Urgent Medical Care & COVID Testing
Stay Home, Stay Safe, Let Dispatch Health Come to You!
Hours: 8 AM - 10 PM every day - 425-553-4740
In-network with most insurance including Medicare and Medicare Advantage www.dispatchhealth.com
Virtual workshops being held through 2021. Classes are free, but space is limited. To register, contact 425-290-1260.

**Taking Care of You:**

**Powerful Tools for Caregivers**

Are you a spouse, adult child, relative or a friend helping a loved one with a chronic illness or disability?

Powerful Tools for Caregivers is a six week educational series designed to provide you, the caregiver, with tools needed to take care of yourself while supporting your loved one. Classes consist of interactive lessons, discussions and brainstorming to increase your self-care skills and confidence in handling difficult situations, emotions and decisions.

**MULTICULTURAL SERVICES**

**Multicultural Services / Senior Center**

425-513-1900

5026 196th Street, Lynnwood WA 98036

Homage Senior Services

www.homage.org

Culturally specific meals, on-site social services, classes, activities, socializing and other services.

**Refugee & Immigrant Services Northwest**

425-388-9307

Everett Community College

2000 Tower St., Everett 98201

ESL and citizenship classes, GED completion, vocational skills training, job search and placement services, individual and family counseling, and bicultural/bilingual support services for refugees, immigrants and ethnic minorities.

**U.S. Citizenship & Immigration Services**

800-375-5283: 800-870-3676 – forms request line

www.uscis.gov

Naturalization and/or other immigration forms.

**MUSEUM**

**Skagit County Historical Museum**

The family friendly Skagit County Historical Museum is located at the top of the hill in La Conner.

501 South 4th, La Conner

360-466-3365

museum@co.skagit.wa.us

www.skagitcounty.net/museum

**PERSONAL EMERGENCY RESPONSE SYSTEMS**

**MedicAlert + Safe Return – 888-572-8566**

Alzheimer’s Association

www.alz.org; search MedicAlert

24-hour nationwide emergency response service for individuals who are memory impaired. Enrollment fee includes an ID bracelet/pendant and wallet card with personalized ID information. A personal health record is kept on file.

**Project Care Track**

425-388-3825

Snohomish County Volunteer Search and Rescue

3000 Rockefeller Ave M/S 606, Everett WA 98201

www.snoco.org; search Project Care Track

Safety net for vulnerable individuals who have a
tendency to wander. Clients wear a bracelet that emits a radio signal which significantly reduces search time.

**SafetyLine**
360-303-4632; 866-344-4267
Medical alert and medication dispensing systems.
www.safetylineusa.com

**RACE AND SOCIAL JUSTICE**

**Communities of Color**
C3Coalition
An Inclusive community free of racism and intolerance
PO Box 472 Everett, WA 98206
206-446-7847 DONATE TODAY!
info@c3coalition.org
https://www.c3coalition.org/

**REAL ESTATE SERVICES**

**Lamoureux Real Estate**
425-356-7975; 425-259-1768
1904 Wetmore Ave., Everett 98201
www.lamoureuxrealestate.com
Offering the Senior Home Sales™ Concierge Service

**Gail Murchison, Managing Broker/SRES/ABA**
Windermere Real Estate/HLC
206-375-4981
www.gailmurchison.com

**RESTAURANTS**

**Buck’s American Cafe**
2901 Hewitt Ave, Everett, WA 98201
(425) 258-1351
https://bucksamericancafe.com/

**RETIREMENT/ASSISTED LIVING COMMUNITIES**

Retirement/Assisted Living Communities offer a variety of living arrangements and services. They may provide independent apartments, private rooms or semi-private rooms. Some units have full kitchens or kitchenettes; all offer at least one meal per day served in a community dining room. Generally provided in the rent are utilities, meals, weekly housekeeping and linen laundry. Assisted living services, such as personal care, may be offered for an additional charge.

**Ashley Pointe Housing**
11117 20th St NE, Lake Stevens, WA 98258
425-367-0874
https://www.ashley-pointe.com/
Live Radiantly

**Garden Court Retirement Community**
425-438-9080
520 112th St. SW, Everett 98204
www.gardencourtretirement.com

**Quail Park of Lynnwood**
425-270-8404; 425-640-8529
4015 164th St. SW, Lynnwood 98087
www.quailparkoflynnwood.com

**Sunrise View Retirement Villa/Convalescent Center**
425-353-4040; 425-356-2100
2520 Madison St., Everett 98203
www.sunriseview.org

**The Suites at Josephine**
360-629-2126
9901 272nd Pl. NW, Stanwood 98292
www.josephinenet.com

**South Pointe**
Assisted Living Communities
10330 4th Ave W, Everett, WA 98204
425-367-0848
RETIREMENT/ASSISTED LIVING COMMUNITIES
(CONTINUED)

www.southpointe-al.com
Live Radiantly
Warm Beach Senior Community
360-652-7585
20420 Marine Dr., Stanwood 98292
www.warmbeach.org
Washington Oaks
Living Better Than Ever
1717 Rockefeller Ave • Everett
425-906-1244
www.WashingtonOakes.com
A Leisure Care Community

Village Concepts of Marysville ~ Grandview Village
(360) 653-2223
5800 64th Street NE Marysville, WA 98270
www.villageconcepts.com
Where we are creating a village that feels like family. Indendent and assited living for seniors.

REVERSE MORTGAGES

Solid Ground – housing counseling
206-694-6766; 866-297-4300
1501 N. 45th St., Seattle 98103
www.solid-ground.org; click on Get Help and select Housing Resources
Leave a message; a counselor will return your call.
Reverse Mortgage (HECM) Counseling. HUD-certified in-person and telephone counseling for seniors seeking reverse mortgages. No charge for counseling.
Foreclosure Prevention. Information regarding the foreclosure process, homeowner rights under the Foreclosure Fairness Act, and possible options to avoid foreclosure.

SENIOR CENTERS

Senior centers offer social, recreational and educational programs. Services may include meals, health services, housing, legal clinics, support groups, transportation, and volunteer opportunities.

Camano Senior Center
360-387-0222
606 Arrowhead Rd., Camano Island 98282
www.camanocenter.org
Carl Gipson (Everett) Senior Center
425-257-8780
3025 Lombard Ave., Everett 98201
www.everettwa.gov/seniors
Cascade (Darrington) Seniors
360-436-0646
1115 Darrington St., Darrington 98241
East County (Monroe) Senior Center
360-794-6359
276 Sky River Parkway, P.O. Box 602, Monroe 98272
www.eastcountyseniorcenter.org
Edmonds Senior Center
425-774-5555
220 Railroad Ave., P.O. Box 717, Edmonds 98020
www.edmondssc.org
Granite Falls Senior Center
360-691-7177
302 S. Granite Ave., P.O. Box 714, Granite Falls 98252
Ken Baxter (Marysville) Senior Center
360-363-8450
514 Delta Ave., Marysville 98270
www.marysvillewa.gov; search Ken Baxter Center
Lake Stevens Senior Center
425-335-0345
2302 Soper Hill Rd., P.O. Box 205, Lake Stevens 98258
www.lakestevensseniorcenter.com
Lynnwood Senior Center
425-670-5050
19000 44th Ave. W., Lynnwood 98036
www.lynwoodwa.gov; search Seniors
Mill Creek Senior Center
425-948-7170
4111 133rd Street SE, Mill Creek 98012
www.northshoreseniorcenter.org; click on Locations
Mountlake Terrace Senior Center
425-672-2407
23000 Lakeview Dr., Mountlake Terrace 98043
www.mltseniorcenter.net
Mukilteo Seniors
425-263-8180
304 Lincoln Ave., Mukilteo 98275
Multicultural Senior Center
425-290-1268
5026 196th St. SW, Lynnwood 98036
www.homage.org
Northshore (Bothell) Senior Center
425-487-2441
10201 E. Riverside Dr., Bothell 98011-3708
www.northshoreseniorcenter.org
Features & Amenities:

- Social Service Coordinator
- One bedroom and studio apartments
- Laundry facilities on site
- Community rooms with kitchen and outdoor patio for recreation and entertainment
- Access-controlled buildings and emergency alert systems
- All units are wheelchair accessible
- Close to shopping and services
- Income restrictions apply
- Pets welcome

For information and application, call the community you are interested.

**Lynnwood**
**Lynn Crest**
4626 194th St. S.W.
425.339.1043

**Lynn Woods**
4705 194th St. S.W.
425.339.1043

**Scriber Pointe**
19912 Scriber Lake Rd.
425.339.1048

**Monroe**
**Village East**
864 Village Way
425.339.1049

**Lake Stevens**
**Hawkins House**
9433 N. Davies Rd.
425.339.1044

**Everett**
**Evergreen Court**
10809 16th Ave. S.E.
425.339.1029

**Evergreen Village**
12705 Avondale Way
425.339.1046

**Lake Woods I**
12310 19th Pl. W.
425.339.1047

**Everett, continued**
**Meadow Park**
1611 128th St. S.W.
425.339.1046

**Silver View**
11109 16th Ave S.E.
425.339.1031

**Silver Woods**
10915 16th Ave S.E.
425.339.1031

Affordable Senior Apartment Homes 62+ Communities
SENIOR CENTERS (CONTINUED)

Shoreline/Lake Forest Park
206-365-1536
18560 1st Ave. NE, Suite 1, Shoreline 98155
www.shorelinelfpseniorcenter.org

Sky Valley (Sultan) Senior Center
360-793-2400;
360-863-3321
617 First St., Sultan 98294

Snohomish Senior Center
360-568-0934
506 4th St., P.O. Box 1426, Snohomish 98291
www.snohomishsenior.org

South Whidbey Senior Center at Bayview
360-321-1600
14594 SR 525, Langley 98260
www.islandseniors.org

Stanwood Community & Senior Center
360-629-7403
7430 276th St. NW, Stanwood 98292
www.stanwoodseniorcenter.org

Stillaguamish Senior Center
360-653-4551
18308 Smokey Point Blvd., Arlington 98223
www.stillycenter.org

Tulalip Tribal Senior Center
360-716-4687
7300 Totem Beach Rd., Tulalip 98271
www.tulaliptribes-nsn.gov; search Senior Center

SERVICES

Snohomish Long-Term Care Ombudsman Program
Info & complaint line: 360-862-1100;
Fax: 253-815-8173
www.waombudsman.org

Snohomish County Human Services
425-388-7218
3000 Rockefeller Ave, M/S 305, Everett 98201
Long Term Care and Aging

SKILLED NURSING/TRANSITIONAL CARE

Arlington Health and Rehabilitation
Committed to Your Health
Skilled Nursing and Rehabilitation Facility
620 Hazel St. Arlington, WA 98223
360-403-8247
www.arlingtonhealthandrehab.com

TRANSITIONAL CARE CENTERS

Care/transitional health centers provide 24-hour supervised nursing care, therapy, personal care and other services for those who have significant health issues. Most facilities accept Medicare/Medicaid; some can accommodate patients with memory loss. For quality ratings of nursing/care centers, visit www.medicare.gov; click on Find Nursing Homes. For concerns about quality of care, contact Adult Protective Services (see listing page 22).

Josephine Caring Community & Saratoga Transitional Rehab
360-629-2126
9901 272nd Pl. NW, Stanwood 98292
https://www.josephinecc.com

Sunrise View Convalescent Center
425-353-4040
2520 Madison St., Everett 98203
www.sunriseview.org

TRANSPORTATION

AAP Driver Safety
888-227-7669
www.aarpdriversafety.org; search for Driver Safety Classes Classroom and online retraining course for licensed drivers 50+. Graduates may qualify for auto insurance discounts.

**Community Transit Customer Information Service**
425-353-7433; 800-562-1375
TTY number for hearing/speech impaired – 711
7100 Hardeson Rd., Everett 98203
www.communitytransit.org
Trip planning, customer comments and transit information. Interpreters available for non-English speaking customers.

**Community Transit RideStore**
425-348-2350
20110 46th Ave. W., Lynnwood 98036
Mailing address: 7100 Hardeson Rd., Everett 98203
Transit information, ORCA pass sales, lost and found department. Regional Reduced Fare Permits are offered to seniors 65+ and disabled persons.

**Community Transit Travel Training Program**
425-348-7100
7100 Hardeson Rd., Everett 98203
www.communitytransit.org
Free program teaches seniors, people with disabilities and Limited-English speaking individuals how to ride the fixed route bus systems.

**DART (Dial-A-Ride Transportation)**
425-347-5912; 800-562-1381; (TTY 711)
www.dialaride.org; www.homage.org
Paratransit bus service for people who are unable to use Community Transit’s fixed route bus system due to health condition or disability. Buses are wheelchair accessible. Clients must meet ADA eligibility requirements. DART connects people to services, health care, senior centers, shopping, recreation and more.

**Department of Licensing – Washington State**
www.dol.wa.gov
Driver license, enhanced driver license or photo ID for a non-driver. Application for disabled parking permits.

**Everett**
- **Everett – 425-356-2966**
  5313 Evergreen Way, Everett 98203
- **Lynnwood – 425-672-3406**
  18023 Highway 99, Suite E, Lynnwood 98037
- **Smokey Point – 360-653-2188**
  3704 172nd St. N.E., Suite K-1, Arlington 98223

**Everett Para Transit**
425-257-8801
3225 Cedar St., Everett 98201
www.EverettTransit.org
Origin to destination transportation within the Everett Transit service area for people who are ADA eligible or Everett residents age 65+. Eligibility is determined through an application process. Fare is $1 each time you board.

**Everett Transit**
425-257-7777
TTY number for hearing/speech impaired – 711
3201 Smith Ave., Everett 98201 – customer service center
www.EverettTransit.org
Public transportation throughout city of Everett. Trip planning, general inquiries, etc. ORCA pass, Para Transit Pass and Regional Reduced Fare Permits available at the Customer Service Center. Fare is 25 cents for seniors 65+ and/or disabled persons with RRFP or Medicare card.

**King County Metro Access Transportation**
206-263-3113 – certification;
206-205-5000 – reservations
KSC-TR-0800
201 S. Jackson St., Seattle 98104
www.metro.kingcounty.gov
Van service for people who are unable to use Metro or Sound Transit’s fixed-route bus and rail system due to a disability. Access connects people to services, health care, senior centers, shopping, recreation and other destinations within King County. Applicants must reside in King County, meet ADA eligibility requirements, and attend an in-person functional evaluation.
Older Adult Mental Health Access

Confidential resource information and connection, including:

- Depression screening
- Short term counseling
- Peer Support
- Support Groups
- Referral to chemical dependency, case management, and long term mental health providers

TRANSPORTATION (CONTINUED)

Medicaid Transportation – Hopelink
855-766-7433; (TTY 800-246-1646)
14812 Main St., Bellevue 98007
www.hopelink.org
Transportation for HCA Medicaid recipients to and from covered medical services.

ORCA Card
888-988-6722
TTY number for hearing/speech impaired – 7 1 1
www.orcacard.com
ORCA card offers the convenience of paying a fare whether traveling by bus, rail, train or ferry in the Puget Sound area. A Regional Reduced Fare Permit is required for seniors or people with disabilities who pay a reduced fare. Medicare cardholders are eligible for a temporary permit.

Pay Your Pal
425-423-8517
5026 196th Street SW, Lynnwood, WA 98036
Homage Senior Services
Provides mileage reimbursement for volunteer drivers to help persons with disabilities who live in rural areas get to work, school or medical appts.

TAP (Transportation Assistance Program)
425-423-8517
5026 196th St SW, Lynnwood, WA 98036
Homage Senior Services
www.homage.org
Wheelchair accessible bus transportation for older adults and people with disabilities who live outside the DART and Everett Para Transit service area (primarily rural Snohomish County). TAP connects people to health care, shopping, dining, recreation and more.

Volunteer Transportation
425-374-6336
Catholic Community Services
1918 Everett Ave., Everett 98201
Transportation for health care and essential errands on a pre-authorized basis.

VETERANS SERVICES

Network of Care
http://snohomish.wa.networkofcare.org
A one-stop shop for virtually all services, information, support, advocacy, and more for service members, veterans and their families. Contact Snohomish County
Veterans Assistance Program if you do not have access to the internet (see listing this page).

**Retired Activities Office – 425-304-3775**
Naval Station Everett
13910 45th Ave. N.E., Room 817, Marysville 98271
https://everett.navylifepnw.com
Information and assistance for U.S. uniformed services retirees, family members and surviving spouses when applying for services and benefits. Can report the passing of a retired member of all services to appropriate authorities.

**Snohomish County Veterans Assistance Program**
**425-388-7255**
3000 Rockefeller Ave., M/S 305, Everett 98201
https://snohomishcountywa.gov/598/Veterans-Assistance-Program
Emergency assistance for residents of Snohomish County who are honorably-discharged veterans and meet eligibility requirements. Referrals to other service providers/veterans programs and assistance in dealing with Dept. of Veterans Affairs issues.

**U.S. Department of Veteran Affairs**
**800-827-1000**
www.va.gov; www.pugetsound.va.gov
Information about benefits for veterans and locations for hospitals, clinics, regional offices, etc.
Veterans Crisis line – **800-273-8255** (press 1)

**Washington Department of Veterans Affairs**
**800-562-2308**
www.dva.wa.gov
Information and assistance applying for federal and state services and programs.

**VOLUNTEER OPPORTUNITIES**

**Retired and Senior Volunteer Program (RSVP)**

**425-374-6374**
Catholic Community Services
1918 Everett Ave., Everett 98201
Matches experiences, skills and interests of adults, 55+, who wish to volunteer with local organizations.

**United Way Volunteer Center**
http://getconnected.uwsc.org
Easy-to-search database lists volunteer opportunities at over 75 agencies.

**Homage Foster Grandparent Program**
**425-514-3188**
5026 196th St. SW, Lynnwood, WA 98036
Homage Senior Services
www.homage.org
Low-income adults (55+) volunteer and provide mentorship to children in non-profit settings and receive a tax-free stipend.

**Homage Senior Companion Volunteer Program**
**425-265-2225**
5026 196th St. SW, Lynnwood, WA 98036
Homage Senior Services
www.homage.org
Low-income adults (55+) volunteer providing companionship to isolated seniors in their home or community and receive a tax-free stipend.

**Homage Volunteer Program**
**425-740-3787**
5026 196th St. SW, Lynnwood, WA 98036
Homage
www.homage.org
Matches experiences, skills and interests of people 18+ with volunteer opportunities including one-day group projects to ongoing client support (senior peer counselors, health insurance benefits advisors, etc.) to workshop and presentation leaders, to clerical support.
VOLUNTEER OPPORTUNITIES (CONTINUED)

Snohomish County Long-Term Care Ombudsman Program

360 862-1100 Heidi L’Esperance
800-562-6028 State of Washington
www.waombudsman.org

As a certified Ombuds, you will advocate for residents living in long-term care facilities. Assure the resident’s rights, dignity and well-being are being addressed. Investigate complaints and work with the resident and the facility to find resolution. 36 hour on-line training program with additional OJT. Facility entry optional. Remoted advocacy - contacting residents and/or their representatives by phone available.

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